

PANEL

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BUILDING A CULTURE
OF GOOD MENTAL HEALTH
FOR BOYS & YOUNG MEN
OF COLOR

IT'S OK TO
FEEL ———,
IT'S HOW
YOU
HANDLE
IT.

CRITICAL
PROGRAM
ELEMENTS:

- MENTORING
- AFRD-CENTRIC
CONTEXT

DATA ON OUTCOMES



RECOGNIZE
THEY'RE PART
OF COMMUNITY

MODEL
THE "AFTER"

@CITYOFLASVEGAS



in
SCHOOLS
SOCIAL-
EMOTIONAL
LEARNING



TAKING
BREAKS
≠ GIVING UP

HOW
TO ASK

COMMEND
ASKING

NORMALIZE
SEEKING HELP



JUST
ASK

STAFF
& M.H. SPECIALISTS
CAN WORK TOGETHER

ACCESSIBLE

MENTORS



WHO
LOOK
LIKE THEM

AFFIRMATIONS
WHO THEY REALLY ARE
SPEAK LIFE INTO YOURSELF

YOU
CAN
DO IT.
AFFIRMING
WORDS

KNOW
& THEM
& BUILD
TRUST



GET
CLEAR
WHAT WE'RE
TARGETING
PSYCH
SOCIAL
EMOTIONAL

GET THEM
involved
IN MORE
THAN
SPORTS

INCLUDE
THEM IN
THE CONVERSATION



My Brother's Keeper
ALLIANCE



Las Vegas



BAG FULL
OF CANDY:
BEWARE
OF JUDGING
BOOK BY ITS
COVER



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