



**Department of Public Safety**  
Community Corrections Programs



The city of Las Vegas Detention Center is committed to offering employment-skill training, emotional & wellness classes, substance use disorder programs, resource service seminars, and learning workshops to support the successful reentry process for our justice-involved clients incarcerated at the city of Las Vegas Jail. We strive to support recidivism reduction through a complete reentry approach. While incarcerated, we believe that those in need of assistance should have access to resources and tools during incarceration to aid in their reintegration into the community. We value every step in our process. Our programs focus on a whole-person perspective that centers on the coordination of health, behavioral health, and social needs specific for justice-involved persons. Our mantra – leave them better than we found them with the hope of breaking the cycles of incarceration – even if for just a few.

**Our Mission**

To provide services to justice-involved adult offenders which enhance public safety through effective and innovative programs. **Our first focus is the safety of our staff and inmates.** However, once that is completed we intend to cultivate an environment, which support positive choices, constructive behavior and accountability, thereby reducing the likelihood of re-incarceration.

**Our Principals**

**H**ealthy hearts and heathy minds

**U**nderstanding people

**M**eeting people where they are

**A**ction

**N**ever judging - always listening

**I**ndividuals are unique

**T**eaching and learning together

**Y**ou be the change

All program attendance is voluntary, except work assignments and programs that are required by statutes.

## Sentence Reduction Classes/Packets

- **Building Better Habits**
  - This two hour class encompasses 2 topics (daily habits/finances) and a self-study packet (**Key Elements To Change**). This class is geared towards individuals who want more knowledge about managing their personal finances through a budget, creating a positive self-image, and mindfulness as it relates to daily habits. In regards to finances, the class goes over personal expenses, how to create a budget, how to plan for irregular paydays, and having a zero-based budget as taught by Financial Guru Dave Ramsey. As far as habits, the classes emphasize creating small routines, not allowing too many gaps to be present in your schedule, block planning, and negative habits to forgo.
  
- **Health Education Program**
  - This three hour class is presented by members of the medical team every two weeks; the class alternates between our men and women residents. The topics currently covered are:
    - Self-Care/Personal Hygiene/Smoking Cessation – presented by a LCSW
    - Medication Adherence – presented by Nurse Practitioner
    - CPR education – presented by HSA
    - Narcan and Fentanyl education – presented by HSA
    - Overview of services and common forms – Mental Health Discharge Planner

Attendees have the opportunity to have Narcan, Fentanyl test stripes, and a hygiene kit placed in their property for their use upon release. Our goal is to provide relevant education and information that our residents can utilize both during their time here and once they are released back into the community.
  
- **Sentence Reduction Packets**
  - Each Unit has access to roughly 15 different topics that are geared towards trauma, substance abuse, emotions, women, self-management skills, transitioning from incarceration, and problem solving.

## Substance Abuse Classes

- **Smart Recovery**
  - This class acts as a safe space where participants can share their personal stories about their addictions while working towards bettering themselves. The needs of the participants are met through Cognitive Behavior Therapy and motivational interviewing. The program takes a holistic approach towards the recovery process which places emphasis on the importance of each individual achieving a healthy and balanced lifestyle.
  
- **Alcoholics Anonymous**

- This meeting follows the Third Tradition approach which states that “The only requirement for A.A. membership is a desire to stop drinking”.
- **Narcotics Anonymous**
  - This meeting is a fellowship of men and women whom drugs had become a major issue within their lives. Weekly speakers come to share their story of overcoming addiction in hopes that it will inspire another to start their journey to recovery.

### Religious Services

- **Catholic Services**
  - This particular service is offered on a bi-weekly basis to our male and female population. During these smaller sessions, one portion of the meeting is dedicated to prayers, understanding to rosary, and teaching from the Bible. The second portion of the meeting is geared towards those seeking answers about how the teachings of the Bible can be applied to their daily lives in a realistic manners.
- **Happy Hour**
  - This weekly service falls under non-denominational teachings. Those attending are able to hear the teaching of the bible, seek one-on-one prayer, sing, and obtain religious materials (e.g. bibles, daily prayers, books, self-study bible plans, puzzles, and magazines).

### Workshops

- **Therapeutic Art Workshop**
  - This particular workshop is geared towards teaching each individual how to express themselves in a way that encourages self-reflection, creativity, and exploration. During the workshop, the instructor encourages each individual to embrace their life journey, discusses the importance of making sensible life decisions, poses questions that prompt participants to start thinking about how to operate from a place of intentionality, and ties in how achieving balance in your personal affairs positively effects all areas of your life. All in all, expressive therapy like this workshop creates an environment that is conducive to greater emotional self-regulation and inadvertently helps participants with developing better mental outlooks.

### Outside Partnerships

- **Foundation For an Independent Tomorrow**
  - This agency provides job training, coaching, and support, based on job seekers individuals’ needs and skills that employers indicate that they want from ideal employees.

- **Community Resource Fair**
  - This quarterly event gives our residents 45 minutes to walk around and talk directly to numerous providers from around the valley. During this timeframe, individuals utilize this opportunity to obtain vital DMV paperwork for identification purposes, speak with the Division of Welfare and Supportive Services, seek health insurance/check coverage, and find suitable housing options ( unhoused, transitional, government assisted) amongst countless other services.

### **Certificate Programs**

- **ServSafe ( Food Handlers Certification)**
  - This three week long training is a regular part of training for all culinary workers that are in custody for any period that surpasses 21 days; each week the participants attend an hour long class. The workers will receive training that is required for anyone that wishes to work in a kitchen upon release. Prior to release, they will receive a certificate that will aid them in finding employment in a food establishment.
  
- **Custodial Technician Basic Certification ( Janitorial)**
  - This two part training program entails a classroom portion and a hands on section which is conducted throughout the facility. Those that complete the program will be certified through ISSA/CMI. The **Cleaning Management Institute (CMI)**, the education division of ISSA, the worldwide cleaning industry association, is one of the most recognized education and certification providers in the professional cleaning industry. Since its founding in 1964, CMI's third-party training has certified more than 300,000 individuals worldwide and furthered the education and development of cleaning and maintenance professionals, managers, supervisors, and executives.