

PAVILION POOL PROGRAMS



Pavilion Pool Hours

Hours of Operation: Jan. 25, 2021 – May 28, 2021

M-F	5 -7 a.m.	* Long Course Lap Swim
M-F	7 a.m.-2:30 p.m.	Open/Lap Swim
M-F	2:30 – 8 p.m.	* Lap Swim
Sat	8 a.m.-12 p.m.	* Lap Swim
Sat	12-5 p.m.	Open/Lap Swim

CLOSED to the public on Sundays

*Only 2 lanes available for lap swim. Circle pattern swimming required. Kickboards available.

**Some 5-7 a.m. mornings will be short course.

Water Exercise Schedule

M/W/F	6-7 a.m.	Deep Water Exercise
M/W/F	7-8:30 a.m.	AQUA Strokes & Conditioning Class - \$4
M/W/F	8:30-9:30 a.m.	Shallow Water Exercise
T/TH	11 a.m.-12 p.m.	Shallow Water Exercise

Homeschool Sports and Swim (Ages 5-17)

An aquatics class for homeschooled children ages 5-17 looking to receive credit towards their physical education requirement. Students focus on fundamental aquatic sports skills, components of health and fitness, exercise and games. A different aquatic sport will be offered each week (Diving, Synchro, Water Polo and Competitive Swim). Students perform at an individual pace.

Due to COVID – max of 8.

Mar. 3/2 – 3/25 T/TH 12:30-2 p.m.

Fee: \$40

Private Lessons with AQUA STARS

One-on-One private swim lesson instruction with some of our most qualified and seasoned swim lesson instructors. Lessons are catered to the learners needs. 45-minute private lessons - 8 classes.

Mar. 1-24 M/W 12, 1, 2 or 3 p.m.

Mar. 2-25 T/Th 12, 1, 2 or 3 p.m.

Fee: \$150/\$170

Splash Springboard Diving (Ages 7-17)

The diving lesson program is designed to provide safe and fun instruction on the aspects of springboard diving. Lessons will include instruction on the proper techniques of the approach, hurdle, and execution of entry. As they progress, students will learn various competition dives from the 1-meter board. Must be comfortable in deep water. Sessions are 4 weeks long.

Mar. 6-27 Saturdays 12-1 p.m.

Fee: \$25



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Semi-Private Diving (All ages)

Semi-Private Diving is for participants who are very comfortable in deep water, have a desire to learn to dive, and would want to further their abilities in the acrobatic sport of diving. Practices will be 1 hour long. Sessions will be four classes long.

Mar. 6-27 Saturdays 1-2 p.m.

Fee: \$50

Log Rolling (Ages 7-17)

The challenge of this fun, safe class is to develop the quick feet and balance required to stay on top of a floating log. Once students are able to stay for at least two minutes, they'll learn how to compete, as two rollers try to make each other fall off, using their fancy footwork. Log rolling is an exciting, fast-paced activity that improves agility and speed. Bring your swimsuit and towel. Sessions are 4 weeks long.

Mar. 6-27 Saturdays 11 a.m. – 12 p.m.

Fee: \$45

Pavilion Pool Swim Lessons Winter & Spring 2021

Monday/Wednesday

Session 3: March 8 – 24

Fee: \$30, \$65, \$125

<u>Class</u>	<u>Time</u>
SP Level 2	4 p.m.
PS Level 3	4 p.m.
Private	4 p.m.
PS Level 2	5 p.m.
Level 4	5 p.m.
Private	5 p.m.
Level 2	6 p.m.
Level 3	6 p.m.
Private	6 p.m.
Private	7 p.m.
Private	7 p.m.

Tuesday/Thursday

Session 3: March 9 - 25

Fee: \$30, \$65, \$125

<u>Class</u>	<u>Time</u>
Parent/Child	4 p.m.
Level 2	4 p.m.
Private	4 p.m.
SP PS Level 3	5 p.m.
Level 5	5 p.m.
Private	5 p.m.
PS Level 1	6 p.m.
Level 1	6 p.m.
Private	6 p.m.
Private	7 p.m.
Private	7 p.m.



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Fridays

Private swim lessons on Fridays. (4 classes)

Mar. 5-26

Fee: \$90

<u>Class</u>	<u>Time</u>
Private	4 p.m.
Private	4 p.m.
Private	5 p.m.
Private	5 p.m.
Private	6 p.m.
Private	6 p.m.
Private	7 p.m.
Private	7 p.m.

Saturdays

Group, Combined, Private or Semi-Private swim lessons on Saturdays. (4 classes)

Mar. 6-27

Fee: \$20/\$45/\$90

<u>Class</u>	<u>Time</u>
SP Level 1	8 a.m.
Private	8 a.m.
Level 2	9 a.m.
Private	9 a.m.
Level 3	10 a.m.
Private	10 a.m.
SP PS Level 1	11 a.m.
PS Level 2	11 a.m.

