

PLEASE REGISTER IN ADVANCE FOR ALL EVENTS.

WHAT'S HAPPENING

TRIPS

**bring extra money for your lunch*

Republic Services Recycling Plant | \$5*

Thursday, Sept. 109:30 a.m.

Clark County Wetlands Park | \$5*

Thursday, Oct. 89:30 a.m.

Downtown Summerlin Shopping | \$5*

Thursday, Nov. 129:30 a.m.

Cowboy Christmas | \$5*

Thursday, Dec. 39:30 a.m.

Speedway Glittering Lights | \$7

Thursday, Dec. 10 5 p.m.

**bring extra money for your lunch*

MONTHLY LECTURES

3rd Thursday | 10:30-11:30am | FREE

The Center provides monthly lecture series with various topics. Call for information about the monthly speaker. Please share your ideas for topics with us.

Sept. 17Senior Resource Needs

Oct. 15Mob Museum

**No lecture in November*

Dec. 17Love on a Leash: Therapy Dogs

Fitness Pass Info

To participate in our fitness class you will need an additional monthly pass, and a current Active Adult membership. Fitness Pass Fees: \$10 a month or \$2 per day. All fitness classes at the facility are included in the monthly fitness pass. This fitness pass gives you access to not only the fitness classes offered at Lieburn Active Adult Center but most city of Las Vegas recreation facilities. The monthly pass allows you to attend as many fitness classes and workout areas per month that you desire. Classes covered in the fitness pass are noted with an * in the calendar.

BUNCO-LUNCH-BINGO

Monthly 4th Thursday | \$7

Play the games and enjoy the lunch! Prizes for winners. Must play at least one of the games to enjoy lunch.

(No Bunco Bingo in Nov. & Dec. due to holidays)

Sept. 24.... Bunco: Creamy Chicken Noodle Soup

Sept. 24.... Bingo: Cinnamon Rolls

Oct. 22 Bunco: French Onion Meatballs

Oct. 22 Bingo: Chocolate Mousse Graveyard Pots

10 a.m.-noon.....Bunco

Noon Lunch

Noon-2 p.m.Bingo

NATIONAL ACTIVE RETIRED FEDERAL EMPLOYEES (NARFE)

Weekly, quarterly, annual meetings and events. NARFE is here to assist retired federal employees connect you to appropriate agencies for your needs For more information, please contact Service Officer

Service Officer Connie Ivens 702.523.7223

Secretary/Treasurer Gale 360.201.0347

See schedule for meeting days/times.

UPCOMING EVENTS:

Jan.-May 2027

LUNCHEONS

Jan. 16 Soup & Sparkles Luncheon - \$10

Feb. 20Hearts & Harmony Luncheon - \$10

March 20.....Pot O' Gold Luncheon - \$12

April 17Hats Off to Spring! Luncheon - \$10

May 15.....Polynesian Luau Luncheon - \$12



CITY OF LAS VEGAS

LIEBURN

ACTIVE
ADULT
CENTER

OPEN: MONDAY-FRIDAY, 8 A.M.-5 P.M. • 6230 GARWOOD AVE. • 702.229.1600

SEPT.-DEC. 2026

WHAT'S NEW

Sip Into Creativity | Wednesdays | 10-11:30 a.m. | \$10

Unleash your creativity and enjoy a relaxing afternoon of painting, sipping and socializing! Join us for a fun, instructor-led painting class designed especially for older adults. No painting experience is needed—just come ready to have a good time!

Oct. 14: Halloween Painting • Nov. 18: Holiday Painting

FOOD EVENTS

WIENER WEDNESDAY | 11 A.M.-1:30 P.M. | \$4

Join us for our Weekly Weiner Wednesday.

Enjoy your choice of an all-beef hot dog, turkey dog or corn dog with the trimmings, chips and a drink. Sweet treats available for an additional charge.

MONTHLY BREAKFAST | 9 A.M. | \$7

First Friday of the month. Enjoy fruit, juice and coffee along with the main course!

Sept. 4 / Breakfast Enchiladas

Oct. 2 / Breakfast Casserole (eggs, bacon)

Nov. 6 / Pumpkin Waffles (eggs, sausage)

Dec. 4 / Crepes Breakfast (eggs, bacon)

MONTHLY LUNCHEONS | 11:30 A.M. | \$10

(Third Friday of the Month, unless noted otherwise)

Come dressed according to the different themes of the luncheons. A prize will be awarded to the winner for the most festive attire

Sept. 18 | Fiesta Luncheon: Enjoy chips, salsa, enchiladas, tacos and tres leches cake.

Oct. 16 | Spooktacular Luncheon: Serving chili, cornbread, salad and Halloween Dirt Cake.

Nov. 20 | Friendsgiving Luncheon: Enjoy a traditional Thanksgiving meal with your friends, complete with all the trimmings!

Dec. 18 | Grinchmas Luncheon: Don't let your heart be two sizes too small! Wear your favorite Grinch-inspired attire! We will serve pot roast, roasted potatoes, salad, rolls & green beans and a grinch trifle dessert.



**FACILITY FALL CLOSURES: Sept. 7, Labor Day • Oct. 30, Nevada Day
Nov. 11, Veterans Day • Nov. 26-27, Thanksgiving/Family Day • Dec. 25, Christmas Day**



Parks ♦ Rec ♦ Arts

#DiscoverLV

702.229.PLAY

TTY 711

f X @ y t n d

Find it all at LasVegasNevada.gov/Discover

PR-14825-07-26

WEEKLY SCHEDULE

CLASSES/FEES AND SCHEDULE IS SUBJECT TO CHANGE. To participate in classes/programs listed participants must purchase an Annual \$10 Active Adult Membership *class requires a \$10 monthly fitness pass.

MONDAY

8:45 a.m. Tai Chi*
9 a.m. Ceramics \$6 drop in/\$20 4 week month/
\$25 for 5 week month
9 a.m. Korean Calligraphy
10 a.m. Tai Chi, Int*
10 a.m..... Yoga*
11:15 a.m. Core Fusion*
Noon Pinochle
1 p.m..... Jewels of the Desert Red Hatters (2nd Mon)
1:30 p.m. Table Tennis*

TUESDAY

8 a.m. Oil Painting (no instruction)
8 a.m. Walk and Talk
9 a.m. Quilting (no instruction)
9:30 a.m. NARFE Office
9:30 a.m. Computer Classes T/TH (see schedule)
9:45 a.m. Chair Volleyball*
11 a.m. Weights and More* / (1/2 hour)
11:30 a.m. Move and Groove*
Noon Mahjong
12:40 p.m..... Line Dance Cardio*
1 p.m..... Scrabble
1 p.m..... Sisters at Heart Red Hatters (2nd TU)
1:30 p.m. Table Tennis*

WEDNESDAY

8:45 a.m. Chair Fitness/Exercise*
9 a.m. Computer Lab Resource Help
10 a.m..... Tai Chi*
10 a.m..... Healthy Living (1st and 3rd Wed)
10 a.m..... Cooking Class (monthly see schedule)
10 a.m..... Sip into Creativity (see schedule)
10 a.m..... Care Chest (lobby, 4th Wed)
10:30 a.m..... Knit and Crochet
11 a.m. Wiener Wednesday \$4+
11:15 a.m. Core Fusion*
Noon Library Hour (1st Wed)
Noon Pinochle
Noon Mahjong
Noon Calendar Girls Red Hatters (1st Wed)
1:30 p.m. Yoga*
2 p.m. Weekly Movie Free

THURSDAY

8 a.m. Walk and Talk
9:30 a.m. Computer Classes T/TH (see schedule)
9:45 a.m. Chair Volleyball*
10 a.m..... Korean Calligraphy
10 a.m..... Bunco-Lunch-Bingo \$7 (4th TH)
10 a.m..... Trips (Dates vary See Schedule) \$5-\$7
10:30 a.m..... Lecture Series – Call for details
11 a.m. Writing For Fun
11 a.m. Zumba Gold (1/2 hr)*
11 a.m. NARFE Quarterly Chapter Mtg (TBD)
11:30 a.m. Move and Groove*
11:30 a.m. Tune Time Karaoke (Dates vary, see front desk)
Noon Bingo & Dessert \$7 (4th Thurs)
12:30 p.m..... AARP Safe Driving (3rd Th) call for details
12:30 p.m..... Mexican Train Dominos
12:30 p.m..... Cribbage
12:40 p.m..... Line Dance Cardio*
1:30 p.m. Table Tennis

FRIDAY

9 a.m. Monthly Breakfast 1st Fri (see schedule) \$
9 a.m. Tai Chi Adv*
10 a.m..... Tai Chi*
10 a.m..... Canasta
10:30 a.m..... Good Time Singers
11 a.m. Sewing for Fun
11:15 a.m. Core Fusion*
11:30 a.m..... Ukulele
11:30 a.m..... Monthly Luncheon / (3rd Fri except as noted on
schedule)
Noon Sweet Honey Bees Red Hatters (2nd Fri)
Noon Pinochle
1 p.m..... Japanese Dance Group
1:30 p.m. Table Tennis*

** included in Fitness Pass \$ additional fee may apply*

MOVIE CLUB

Watch the movie of the week and enjoy a complimentary bag of popcorn every Wednesday at 2 P.M.

SEPT.

9/2 Instant Family	9/23 Legally Blonde
9/9 The Wild Robot	9/30 Project Hail Mary
9/16 The Martian	

OCT.

10/7 Hocus Pocus	10/21 ... Matilda
10/14 ... Jumanji	10/28... Beetlejuice

NOV.

11/4..... Sheep Detectives	11/18 Harry Potter
11/11..... Knives Out	11/25 ... Enola Holmes

DEC.

12/2..... Home Alone	12/23... It's a Wonderful Life
12/9..... The Santa Clause	12/30... While You Were Sleeping
12/16 ... Oh. What. Fun.	

Program Registration

Please register for classes and programs in advance. Registration opens for all programs on Aug. 4, unless noted otherwise, for the Sept. to Dec. period. Space is limited, and programs fill up quickly. If a program is full, you will be placed on a waitlist and if space becomes available, we will contact you in the order you registered. *****Please note that for all events that include food, registration and refunds will close two days before the event. Once registration ends, refunds will no longer be available.**

TECHNOLOGY

COMPUTER LAB

Active Adult membership required

Hours: Monday - Friday, 8 a.m.-5 p.m.

*Closed during Scheduled class times. *Limit 2 hours/day *5 participant minimum is required to hold class*

COMPUTER FUNDAMENTALS CLASSES

A personalized and tailored computer class where you will learn information from the questions asked by you and your fellow participants. We will cover practical skills such as basic application use, connecting devices, navigating files, basic troubleshooting, and understanding concepts like networking and online safety!

Tuesday and Thursday 9:30-11:30 a.m.

\$20 per session • Upcoming Class Dates:

Sept. 1-10 • Sept. 15-24 • Sept. 29-Oct. 8 • Oct. 13-22
Oct. 27-Nov. 5 • Nov. 10-19 • Dec. 1-10 • Dec. 15-22

Private Lessons

Personalized one hour session are available for asking individualized questions on various subjects.

Call for details..... \$25 per hour

Computer Resource Help

Available Wednesday 10 a.m.-12:30 p.m.

Our computer instructor is available to ask questions and assist with limited projects.

SPECIAL EVENTS

VETERAN'S BREAKFAST AND CEREMONY

We invite all of our veterans to join us for this annual celebration of your service to our country. Enjoy a breakfast and ceremony in your honor. Please register at the front desk at Lieburn Active Adult Center by Oct. 31.

Veterans are Free/\$7 for all others

Thursday, Nov. 59 a.m.

HOLIDAY HIGH TEA | \$12

This event is an annual tradition. Enjoy Finger Sandwiches, Scones and Pastries. Learn about the etiquette and history of High tea. Come dressed to impress with your fancy hats and enjoy time with old and new friends. A great way to kick off the Holiday Season. ****Registration begins Monday, Nov. 3 at 8 a.m.**

Tuesday, Dec. 8..... 11:30 a.m.

Active Adult Membership Info

A current active adult membership is required to participate in all programs offered at the facility. You may only register for programs if you have a current membership. Membership's fees are \$10 annually or \$1 per month. This membership gives you access to many of these programs including but not limited to: books and movie check out, card games, mahjong, computer lab access, good time singers, games and puzzles, knitting and crochet, mexican train dominoes, quilting, sewing, movies and more. Please ask for details. **Some programs and activities require additional fees.**

WORKSHOPS

COOKING CLASSES

All supplies included. Call for details about the classes. Enjoy samples of everything we make. All classes are 10-11:30 a.m. (No classes Sept., Nov. and Dec.)

Upcoming Classes:

Creamy Roasted Cauliflower Soup

Learn to make this warm and cozy recipe, perfect for the fall.

Wednesday, Oct. 7\$8

TASTE EXPLORERS

Clove Indian Cuisine

Tuesday, Sept. 8.....9:30 a.m.....\$5*

Meraki Greek Grill

Tuesday, Oct. 139:30 a.m.....\$5*

Cheese Time

Tuesday, Nov. 109:30 a.m.....\$5*

Outback Steakhouse

Tuesday, Dec. 159:30 a.m.....\$5*

**bring money for your lunch*



19TH ANNUAL SENIOR IDOL SHOWCASE AUDITIONS

Do you sing, dance, play an instrument, tell jokes, perform magic, or have a special talent you'd love to share? We're looking for performers to take the stage at our Annual Senior Idol Show, and now is your chance to shine!

Join us for Senior Idol Auditions and show us what makes you a star. All types of talents are welcome—from music and comedy to dance.

Auditions will take place on: Oct. 20-22 at the East Las Vegas Community Center

***Audition packets NOW AVAILABLE here at the front desk**