

PLEASE REGISTER IN ADVANCE FOR ALL EVENTS.

WHAT'S HAPPENING

BUNCO

No Bunco in January as the center is closed for refurbishment

Chinese chicken salad

Wednesday, Feb. 4 | 10 a.m. | \$7

Dublin Coddle

Wednesday, March 4 | 10 a.m. | \$7

BINGO

Please sign up early! Spots go extremely fast.

Snickerdoodle bundt cake

Wednesday, Jan. 21 | 11 a.m. | \$7

Milk butter buns

Wednesday, Feb. 18 | 11 a.m. | \$7

Apple Cake

Wednesday | March 18 | 11 a.m. | \$7

POP UP BINGO

Love is in the Air / Better than Sex Cake

Wednesday | Feb. 22 | 11 a.m. | \$7

LUNCHEON

Beginning of a New Chapter

Wednesday, Jan. 14 | 11:30 a.m. | \$12

Beef tips and gravy over mashed potatoes, roasted veggies, yeast rolls and chocolate lava cake.

Chinese New Year

Wednesday, Feb. 11 | 11:30 a.m. | \$12

Lo mein, sticky asian chicken wings, rice and ube cake.

Irish for Today

Wednesday, March 11 | 11:30 a.m. | \$12

Irish meat pies, glazed carrots, potato farls and bread pudding.

FOODIE TOURS

Peg's Glorified Ham and Eggs

Wednesday, Jan. 28 | 10:30 a.m. | \$7

Egg Drop

Wednesday, Feb. 25 | 10:30 a.m. | \$7

Cotton Wood Station at Red Rock Canyon

Wednesday, March 25 | 10:30 a.m. | \$7

DINER DAYS | 11:30 A.M. | \$10

Biscuits and gravy: Wednesday, Jan. 28

Corned beef hash: Wednesday, March 25

BOOK CLUB

Discuss the upcoming books with fellow readers.

First Wednesday of month | 1:15 p.m. | FREE

JAN. 14: I (second week due to the January closure) I SEE YOU CALLED IN DEAD, John Kenney

FEB. 4: SOMETHING TO LOOK FORWARD, Fanny Flagg

MARCH 4: THE AFFINITIS, Robert Charles Wilson

GARDEN MEETING | 9 A.M.

Join us every second Tuesday as we educate ourselves and the public on gardening in our desert climate.

Jan. 13 | Feb. 10 | March 10

WRITERS CIRCLE

Calling all aspiring writers. Meet with fellow authors to collaborate. Fourth Friday of the Month.

Jan. 23 | Feb. 27 | March 27

MONTHLY MOVIE | 10 A.M.

Join us the fourth Monday for a newly released movie.

Jan. 26 | Feb. 23 | March 23

All members need to scan their cards at the Active Adult Center before going to the YMCA.



Parks ♦ Rec ♦ Arts

#DiscoverLV

702.229.PLAY

TTY 711

f X @ YouTube in d

Find it all at [LasVegasNevada.gov/Discover](https://lasvegasnevada.gov/discover)

PR-13159-11-25

CITY OF LAS VEGAS

CENTENNIAL HILLS ACTIVE ADULT CENTER

6601 N. BUFFALO DRIVE • 702.229.1702

OPEN: MONDAY-FRIDAY, 7 A.M. - 5 P.M.

JAN./FEB./MARCH CALENDAR

HOLIDAY FACILITY CLOSURES:

Thursday, Jan. 1 • Monday, Jan. 19 • Monday, Feb. 16

GUEST LECTURES/TUESDAYS

Third Tuesday of every month. Stay tuned for lecture topics. Must Register in Advance

JAN. 20 | 10 A.M.: TBD

FEB. 17 | 10 A.M.: TBD

MARCH 17 | 10 A.M.: TBD

CENTENNIAL CREATIVE CLUB

Due to popular demand craft classes will now be held twice a month.

JANUARY: CONVERSATION HEART CENTERPIECES

Thursday, Jan. 15 | 10:30 a.m. | \$7

FEBRUARY: SHAMROCK CUTLERY JARS

Thursday, Feb. 5 & 19 | 10:30 a.m. | \$7

MARCH: SOCK BUNNIES

Thursday, March 5 & 19 | 10:30 a.m. | \$7

DIGNITY HEALTH CHRONIC PAIN 6 WEEK WORKSHOP

This six week workshop will focus on ways senior's can manage their chronic pain.

Must Register in Advance

Fridays | Jan. 16, Feb. 20 | 10 a.m.-12:30 p.m.



FLOWER ARRANGING

Let's brighten our mood with some flower sunshine. Come and create a stunning floral arrangement.

Thursday, Jan. 29 | 10:30 a.m. | \$20

GALENTINES DAY BRUNCH

This one is for the girls only! Ladies let's get together and celebrate love? on Friday the 13th. Dress in Valentines gear and be ready to have a good time.

Friday, Feb. 13 | 10:30 a.m. | \$10

UTILITY TAX SEWER REBATE PROGRAM

Appointment Required

Thursdays/Fridays from 2:30-4 p.m.

Begins Jan. 15 – Ends March 13

Centennial Hills Active Adult Center will be closed for refurbishment Dec. 29, 2025-Jan. 12, 2026

Classes will restart on Tuesday Jan. 13, 2026.

Members will still be able to use the pool and workout room

Monday-Friday; 11 a.m.-3 p.m. during this time.

***Reminder! If you have United Health Care and use Renew Active, please bring in your insurance card to renew your fitness membership.**

YEARLY MEMBERSHIP CARD GIVES YOU...

Bridge • Pinochle • Canasta • Mahjongg • Computer Lab access • Knitting & Crochet • Quilting
Monthly Movie • Fitness/ Weight Room • Indoor Lap Pool And more!

Membership is \$10 per year! | Fitness Pass \$10 for 30 days!

CENTENNIAL
ACTIVE ADULT CENTER

WINTER 26

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

COMPUTER LAB
7 a.m.-4:30 p.m

GUIDED MEDITATION
9-10 a.m.

PICKLEBALL
9-11 a.m.
YMCA Small Gym

FLEX & STRETCH*
9:15-10:15 a.m.
Multipurpose Room

LOW IMPACT CARDIO*
9:30-10:30 a.m.
Classroom 3

MONTHLY MOVIE
10 a.m.
Fourth week only

BEGINNING REIKI
10-11 a.m.

WATER AEROBICS
10:30-11:30 p.m.
YMCA Lap Pool

CARD MAKING
10:30 a.m.-12:30 p.m.
First week only

LINE DANCE*
10:30 a.m.-12:30 p.m.
Multipurpose Room

BELLY DANCE*
10:30-11:30 a.m.
CLV Room

FUNCTIONAL STRENGTH
TRAINING (CHAIR BASED)*
10:45-11:30 a.m.
Classroom 3

CARDIO/WEIGHT ROOM
OPEN SWIM**
11 a.m.-3 p.m.

REIKI
11 a.m.-Noon

RED HATS
11 a.m.-12:45 p.m.
Second week only

CARDIO DANCE*
11:45 a.m.-12:45 p.m.
YMCA Studio 2

SCRABBLE
Noon-4:30 p.m.

CARDIO CORE*
1-2 p.m.
Multipurpose Room

PINOCHLE, ADVANCED
1-4:30 p.m.

RHYTHM & BEATS*
2:30-3:30 p.m.
Multipurpose Room

UKELELE
3:30-4:30 p.m.
Classroom 3

COMPUTER LAB
7 a.m.-4:30 p.m.

QUILTING
8:30-11:30 a.m.

GARDEN
9-10 a.m.
Second Week Only

SIT 'N FIT*
9-10 a.m.
CLV Room

COUNTRY JAM
10 a.m.-Noon

GRIEF SUPPORT
10-11 a.m.
Second and fourth weeks only

GUEST SPEAKER+
10-11 a.m.
Third week only

INDOOR WALKING
10:30-11:30 a.m.
YMCA Large Gym

CARDIO/WEIGHT ROOM
OPEN SWIM**
11 a.m.-3 p.m.

DUPLICATE BRIDGE
11 a.m.-2 p.m.

CORE & RESTORE
Noon-1 p.m.
Multi Purpose Room
Chair or Mat

LOW IMPACT CARDIO
DANCE*
Noon -1 p.m.
YMCA Studio 2

DOMINOS
Noon-4:30 p.m.

POKER
1-3:30 p.m.

SELF DEFENSE*
1-2 p.m.
CLV Room

POWER HOUR*
1:15-2:15 p.m.
Multipurpose Room

BALANCE CLASS*
2:15-2:45 p.m.
CLV Room

ZUMBA EXPRESS*
2:45-3:15 p.m.
Multipurpose Room

COMPUTER LAB
7 a.m.-4:30 p.m.

ZUMBA*
7:45-8:45 a.m.
Multipurpose Room

KNIT & CROCHET
8-11 a.m.

OIL PAINTING
8:30-11:30 a.m.

4 FITNESS*
9-10 AM
CLV Room
Exercise mat required

INDOOR VOLLEYBALL
9-10:30 a.m.
YMCA Small Gym

COLOR HOUR
10 a.m.-Noon.

CARDIO/WEIGHT ROOM
OPEN SWIM**
11 a.m.-3 p.m.

BALLET FOR FITNESS 1*
11:15 a.m.-12:15 p.m.
YMCA Studio 2

WATER AEROBICS
11:30 a.m.-12:30 p.m.
YMCA Lap Pool

PARTY BRIDGE
Noon-4 p.m.

GAME SPOT
Noon-4:30 p.m.

BALLET FOR FITNESS 2*
12:30-1:45 p.m.
YMCA Studio 2

ARTHRITIS AEROBICS
11:45 a.m.-12:45 p.m.
YMCA Lap Pool

BOOK CLUB
See back for book list.
1:15-3:45 p.m.
First week only

SIT 'N FIT*
2:15-3:15 p.m.
Multipurpose Room

FLEX & STRETCH*
3:30-4:45 p.m.
Multipurpose Room

Exercise mat required

COMPUTER LAB
7 a.m.-4:30 p.m.

SENIOR T.O.P.S.
8:15-9:15 a.m.

FLEX & STRETCH*
8:45-9:45 a.m.
Multipurpose Room

FUNCTIONAL STRENGTH &
CORE TRAINING*
9-10 a.m.
CLV Room
Exercise mat required

JEWELRY DESIGN
9:30 a.m.-Noon

URBAN LINE DANCE*
10 a.m.-Noon
Multipurpose Room

ARTS & CRAFTS WORKSHOP
10:30 a.m.-Noon• \$7/class
First and Third weeks

INDOOR WALKING
10:30-11:30 a.m.
YMCA Large Gym

WHINE & PAINT+
10:30 a.m. • \$10/class
Second and Fourth weeks

CREATIVE CLUB+
10:30 a.m.-12:30 p.m.
First and third Thursdays

CARDIO /WEIGHT ROOM
OPEN SWIM**
7-9 a.m. • 11 a.m.-3 p.m

CORE & RESTORE
11 a.m.-Noon
Multi Purpose Room
Chair or mat

POKER
11:30 a.m.-4:30 p.m.

VARIETY DANCE FITNESS
12:30-1:30 p.m.
CLV Room

4 FITNESS*
12:30-1:30 p.m.
YMCA Studio 2
Exercise mat required

RUMMIKUB
1-4:30 p.m.

BALANCE CLASS*
1:45-2:15 p.m.
Multipurpose Room

AIR DRY CLAY SCULPTING
2:30-4:30 p.m.

COMPUTER LAB
7 a.m.-4:30 p.m.

BALLROOM BLAST*
8-9 a.m.
Multipurpose Room

AARP SMART DRIVE+
8:30 a.m.-12:30 p.m.
Third week only

FUNCTIONAL STRENGTH &
CORE TRAINING*
9-10 a.m.
CLV Room
Exercise mat required

LOW IMPACT CARDIO*
9:15-10:15 a.m.
Multipurpose Room

WRITER'S CIRCLE
10-11:30 a.m.
Fourth week only

BELLY DANCE*
10:30-11:30 a.m.
Multipurpose Room

CARDIO /WEIGHT ROOM
OPEN SWIM**
7-9 a.m. • 11 a.m.-3 p.m

WATER AEROBICS
11 a.m.-Noon
YMCA Lap Pool

ARTHRITIS AEROBICS
12:15-1:15 p.m.
YMCA Lap Pool

S.E.A.T.*
11 a.m.-Noon
Classroom 3

BLUEGRASS
SOCIETY JAM
10:30 a.m.-12:30 p.m.

CURRENT EVENTS
10:30 a.m.-12:30 p.m.
Second & third weeks only

HAND & FOOT CANASTA
Noon-4:30 p.m.

MAH JONG
Noon-4:30 p.m.

PICKLEBALL
1-4 p.m.
YMCA Small Gym

PARTY BRIDGE
1-4:30 p.m.

SIT 'N FIT*
3:30-4:30 p.m.
CLV Room

Please refer to the current fitness calendar
for updates and changes to exercise classes.

*FITNESS PASS REQUIRED
+PLEASE REGISTER EARLY

Prices/fees are for the month

CLASSES, ACTIVITIES AND
EVENTS ARE SUBJECT TO
CHANGE OR CANCELLATION