

PLEASE REGISTER IN ADVANCE FOR ALL EVENTS.

WHATS HAPPENING

BUNCO

Sliders and side salad
Wednesday, June 3 | 10 a.m. | \$7

Pulled pork
Wednesday, July 29* | 10 a.m. | \$7

BLT and chips
Wednesday, Aug. 5 | 10 a.m. | \$7

BINGO

Please sign up early! Spots go extremely fast.

Pineapple upside down cake
Wednesday, June 17 | 11 a.m. | \$7

Smores dessert
Wednesday, July 15 | 11 a.m. | \$7

Rootbeer floats
Wednesday, Aug. 19 | 11 a.m. | \$7

POP UP BINGO

Christmas in July
Cherries in the Snow
Wednesday, July 22 | 11 a.m. | \$7

LUNCHEON

Life is a Beach
Wednesday, June 10 | 11:30 a.m. | \$12
Malibu chicken, strawberry salad, sizzler toast and golden Oreo sand pudding cups.

Let Freedom Ring
Wednesday, July 8 | 11:30 a.m. | \$12
Hamburgers, potato salad, watermelon and shortcake cups.

Route 66 Summer Roadtrip
Wednesday, Aug. 12 | 11:30 a.m. | \$12
Philly cheese steak, pasta salad, chips and fruit crisp.

FOODIE TOURS

Cancelled for the summer months

DINER DAYS | 11:30 A.M. | \$10

Cobb salad & iced tea
Wednesday, June 24

BOOK CLUB

Discuss the upcoming books with fellow readers.
First Wednesday of month | 1:15 p.m. | FREE

JUNE 3: SQUEEZE ME, *Carl Hiason*

JULY 8: THE DOORMAN, *Chris Pavone*

AUG. 5: WILD DARK SHORE,
Charlotte McConghy

GARDEN MEETING | 9 A.M.

Join us every second Tuesday as we educate ourselves and the public on gardening in our desert climate.

June 9 | July 14 | Aug. 11

WRITERS CIRCLE

Calling all aspiring writers. Meet with fellow authors to collaborate. Fourth Friday of the Month.

June 26 | July 24 | Aug. 28

MONTHLY MOVIE | 10 A.M.

Join us the fourth Monday for a newly released movie.

June 22 | July 27 | Aug. 24

All members need to scan their cards at the Active Adult Center before going to the YMCA.

**Please note the change of date/week*

**Reminder! If you have United Health Care and use Renew Active, please bring in your insurance card to renew your fitness membership.*

CITY OF LAS VEGAS

CENTENNIAL HILLS ACTIVE ADULT CENTER

6601 N. BUFFALO DRIVE • 702.229.1702

OPEN: MONDAY-FRIDAY, 7 A.M. - 5 P.M.

SUMMER 2026

HOLIDAY FACILITY CLOSURES:

Friday, June 19 - Juneteenth

GUEST LECTURES/TUESDAYS

Third Tuesday of every month. Stay tuned for lecture topics. Must Register in Advance

June 16 | 10 a.m.: RTC - Seniors on the Go!

July 21 | 10 a.m.: Southern Nevada Law Project - ID Theft, Fraud and Scam Prevention

Aug. 18 | 10 a.m.: Bankers Life - Call Cortnee for details

CENTENNIAL CREATIVE CLUB

Have fun with friends while you make a cute craft with your own 2 hands! Due to popular demand craft classes will now be held twice a month.

JUNE: 4TH OF JULY CUTTING BOARD

Thursday, June 4 & 18 | 10:30 a.m. | \$7

JULY: JEWELRY DISH

Thursday, July 2 & 16 | 10:30 a.m. | \$7

AUGUST: CORN HUSK CANDLES

Thursday, Aug. 6 & 20 | 10:30 a.m. | \$7

FATHER'S DAY BBQ; TAKE ME OUT TO THE POOL

It's time to celebrate our dads with a pool party at the YMCA. Bring the family for fun in the pool and yummy food. Watch for the flyer from the Ward 6 office to register.

Saturday, June 20 | 11 a.m.-1 p.m. | FREE

AMERICA 250 CELEBRATION

Join us as we celebrate America's 250th birthday with an afternoon of patriotism, community, and fun! This special America 250 Celebration will honor our nation's rich history, the generations who helped shape it, and the bright future ahead. Guests will enjoy patriotic music, classic American refreshments, historical trivia, shared memories, and festive activities that bring us together in the spirit of freedom and unity. Come celebrate 250 years of American history, heritage, and hometown pride with friends old and new!

Wednesday, July 1 | 11:30 a.m. | \$2.50

FLOWER ARRANGING

Let's brighten our mood with some flower sunshine. Come and create a stunning floral arrangement.

Thursday, July 29 | 10:30 a.m. | \$20

FLOWER POWER FOREVER ANNIVERSARY PARTY

Still groovy after all these years! Centennial Hills Active Adult Center has been in operation for 18 years and we are looking better than ever. Fun games and food will be served

Wednesday, Aug. 26 | 11:30 a.m. | \$12



Parks ♦ Rec ♦ Arts

#DiscoverLV

702.229.PLAY

TTY 711



Find it all at LasVegasNevada.gov/Discover

PR-14114-04-26

YEARLY MEMBERSHIP CARD GIVES YOU...

Bridge • Pinochle • Canasta • Mahjongg • Computer Lab access • Knitting & Crochet • Quilting
Monthly Movie • Fitness/ Weight Room • Indoor Lap Pool And more!

Membership is \$10 per year! | Fitness Pass \$10 for 30 days!

CENTENNIAL SUMMER 26

ACTIVE ADULT CENTER

MONDAY

COMPUTER LAB
7 a.m.-4:30 p.m.

CHAIR YOGA*
9:15-10:15 a.m.
Multipurpose Room

LOW IMPACT CARDIO*
9:30-10:30 a.m.
CLV

GUIDED MEDITATION
9-10 a.m.

PICKLEBALL
9-11 a.m.
YMCA Small Gym

MONTHLY MOVIE
10 a.m.
Classroom 2

Fourth week only

BEGINNING REIKI
10-11 a.m.

WATER AEROBICS
10:30 a.m.-11:30 p.m.
YMCA Lap Pool

CARD MAKING
10:30 a.m.-12:30 p.m.
Classroom 2

First week only

LINE DANCE*
10:30 a.m.-12:30 p.m.
Multipurpose Room

BELLY DANCE*
10:30-11:30 a.m.
Classroom 3

FUNCTIONAL STRENGTH TRAINING (CHAIR BASED)*
10:45-11:30 a.m.
CLV Room

CARDIO/WEIGHT ROOM OPEN SWIM**
11 a.m.-3 p.m.

REIKI
11 a.m.-Noon
Classroom 1

RED HATS
11 a.m.-12:45 p.m.
Classroom 2

Second week only

CARDIO DANCE*
11:45 a.m.-12:45 p.m.
YMCA Studio 2

SCRABBLE
Noon-3 p.m.
Classroom 3

CARDIO CORE*
1-2 p.m.
Multipurpose Room

PINOCHLE, ADVANCED
1-4:30 p.m.
Classroom 1

RHYTHM & BEATS*
2:30-3:30 p.m.
Multipurpose Room

UKELELE
3:30-4:30 p.m.
Classroom 3

COMPUTER LAB
7 a.m.-4:30 p.m.

QUILTING
8:30-11:30 a.m.
Multipurpose Room

GARDEN MEETING
9-10 a.m.
Classroom 1

Second Week Only

SIT 'N FIT*
9-10 a.m.
CLV Room

COUNTRY JAM
10 a.m.-Noon
CLV Room

GRIEF SUPPORT
10-11 a.m.
Classroom 3

Second and fourth weeks only

GUEST SPEAKER+
10-11 a.m.
Classroom 3

Third week only

INDOOR WALKING
10:30-11:30 a.m.
YMCA Large Gym

CARDIO/WEIGHT ROOM OPEN SWIM**
11 a.m.-3 p.m.

DUPLICATE BRIDGE
11 a.m.-2 p.m.
Classroom 2

CORE & RESTORE
Noon-1 p.m.
Multi Purpose Room

Chair or Mat

LOW IMPACT CARDIO DANCE*
Noon-1 p.m.
YMCA Studio 2

DOMINOS
Noon-4:30 p.m.
Classroom 3

POKER
1-3:30 p.m.
Classroom 2

SELF DEFENSE*
1-2 p.m.
CLV Room

COUNTRY LINE DANCE*
1:15-2:15 p.m.
Studio 2

POWER HOUR*
1:15-2:15 p.m.
Multipurpose Room

BALANCE CLASS*
2:15-2:45 p.m.
CLV Room

ZUMBA EXPRESS*
2:45-3:15 p.m.
Multipurpose Room

COMPUTER LAB
7 a.m.-4:30 p.m.

ZUMBA*
7:45-8:45 a.m.
CLV Room

KNIT & CROCHET
8-11 a.m.
Classroom 3

OIL PAINTING
8:30-11:30 a.m.
Classroom 1

4 FITNESS*
9-10 a.m.
CLV Room

Exercise mat required

INDOOR VOLLEYBALL
9-10:30 a.m.
YMCA Small Gym

COLOR HOUR
10 a.m.-Noon.
Classroom 2

CARDIO/WEIGHT ROOM OPEN SWIM**
11:00 a.m.-3:00 p.m.

BALLET FOR FITNESS 1*
11:15 a.m.-12:15 p.m.
YMCA Studio 2

WATER AEROBICS
11:30 a.m.-12:30 p.m.
YMCA Lap Pool

GAME SPOT
Noon-4:30 p.m.
Classroom 3

BALLET FOR FITNESS 2*
12:30-1:45 p.m.
YMCA Studio 2

ARTHRITIS AEROBICS
11:45 a.m.-12:45 p.m.
YMCA Lap Pool

PARTY BRIDGE
1-4:30 p.m.
Classroom 2

BOOK CLUB
See back for book list.
1:15 -3:45 p.m.
Classroom 1

First week only

SIT 'N FIT*
2:15-3:15 p.m.
Multipurpose Room

FLEX & STRETCH*
3:30-4:45 p.m.
Multipurpose Room

Exercise mat required

COMPUTER LAB
7 a.m.-4:30 p.m.

SENIOR T.O.P.S.
8:15-9:15 a.m.
Classroom 3

CHAIR YOGA*
8:45-9:45 a.m.
Multipurpose Room

FUNCTIONAL STRENGTH & CORE TRAINING*
9-10 a.m.
CLV Room

Exercise mat required

JEWELRY DESIGN
9:30 a.m.-Noon
Classroom 1

URBAN LINE DANCE*
10 a.m.-Noon
Multipurpose Room

INDOOR WALKING
10:30-11:30 a.m.
YMCA Large Gym

WHINE & PAINT+
10:30 a.m. • \$10/class
Classroom 3

Second and Fourth weeks

CREATIVE CLUB+
10:30 a.m.-12:30 p.m.
Classroom 3

First and third Thursdays

CARDIO /WEIGHT ROOM OPEN SWIM**
11 a.m.-3 p.m.

CORE & RESTORE
11 a.m.-Noon
CLV Room

Chair or mat

POKER
11:30 a.m.-4:30 p.m.
Classroom 2

VARIETY DANCE FITNESS
12:15-1:15 p.m.
CLV Room

4 FITNESS*
12:30-1:30 p.m.
YMCA Studio 2

Exercise mat required

RUMMIKUB
1-4:30 p.m.
Classroom 1

BALANCE CLASS*
2-2:30 p.m.
Multipurpose Room

COMPUTER LAB
7 a.m.-4:30 p.m.

BALLROOM BLAST*
8-9 a.m.
Multipurpose Room

AARP SMART DRIVE+
8:30 a.m.-12:30 p.m.
Classroom 1

Third week only

FUNCTIONAL STRENGTH & CORE TRAINING*
9-10 a.m.
CLV Room

Exercise mat required

LOW IMPACT CARDIO*
9:15-10:15 a.m.
Multipurpose Room

WRITER'S CIRCLE
10-11:30 a.m.
Classroom 1

Fourth week only

BELLY DANCE*
10:30-11:30 a.m.
Multipurpose Room

BLUEGRASS SOCIETY JAM
10:30 a.m.-12:30 p.m.
CLV Room

CURRENT EVENTS
10:30 a.m.-12:30 p.m.
Classroom 2

Second & third weeks only

CARDIO /WEIGHT ROOM OPEN SWIM**
11 a.m.-3 p.m.

WATER AEROBICS
11 a.m.-Noon
YMCA Lap Pool

HAND & FOOT CANASTA
Noon-4:30 p.m.
Multipurpose Room

MAH JONG/EUCHRE
Noon-4:30 p.m.
Multipurpose Room

ARTHRITIS AEROBICS
12:15-1:15 p.m.
YMCA Lap Pool

PICKLEBALL
1-4 p.m.
YMCA Small Gym

PARTY BRIDGE
1-4:30 p.m.
Classroom 2

S.E.A.T.*
1:30-2:30 p.m.
Classroom 3

Please refer to the current fitness calendar for updates and changes to exercise classes.

*FITNESS PASS REQUIRED
+PLEASE REGISTER EARLY
Prices/fees are for the month

CLASSES, ACTIVITIES AND
EVENTS ARE SUBJECT TO
CHANGE OR CANCELLATION

WEDNESDAY

THURSDAY

FRIDAY